





<b>Possible Health Vulnerabilities:</b>	You are vulnerable to health issues such as lungs, arthritis, cold body and trouble sleeping (insomnia).
<b>Advice &amp; Precautions:</b>	You should take care of your health and treat any ailment on time without delaying as negligence may cause slow recovering and bigger difficulties later on.

### 3. Obstacles, Warnings & Cautions

<b>Areas Requiring Caution:</b> (Indicate unfavourable areas, risks, or sensitive matters for the year.)	
<b>Legal matters:</b>	Unfavourable; manage documents and legal matters carefully if unavoidable.
<b>Documentation / contracts:</b>	Be extra careful managing documents.
<b>Travel / physical risks:</b>	Be extra careful during intense physical activities like driving, hiking, or playing sports.
<b>Earth / fire / water related activities:</b>	Refrain from making fire in the mountain and contaminating earth or water sources.
<b>Rituals, funerals, or sensitive spiritual activities:</b>	Unfavourable to engage in funeral related activities.



<b>Spiritual / Elemental Disturbances (if any):</b>	Harm from earth and Naga spirits are likely if not careful.
<b>Specific Advice or Restrictions:</b>	Refrain from contaminating or unknowingly peeing near trees, hearth, sacred places and rivers.

#### 4. Mind, Emotions & Personal Tendencies

Mental tendencies, emotional patterns, stress factors, and behavioural traits influencing the year.	
<b>Mental &amp; Emotional State:</b>	You are a thinker and an emotional person who tends to take on challenges, burdens, and responsibilities without asking others for help.
<b>Challenges:</b>	This can lead to stress, emotional upset, and poor sleep, which will slow you down in your daily life.
<b>Supportive Advice:</b>	Try not to dwell on negative thoughts or expect results too quickly. Be patient, wise, and handle every situation calmly. Spend time in peaceful settings with positive people and maintain good relationships.

#### 5. Wealth, Finance & Material Outlook



Analysis of wealth, income flow, expenses, and financial stability	
<b>Wealth Condition:</b>	Wealth aspect is weak and unsteady. You may see some fluctuations and money going out this year.
<b>Possible Financial Challenges:</b>	Unstable income flow and expenses.
<b>Advice on Spending, Investment &amp; Security:</b>	Be mindful of your spending and do thorough research before you make any investments, take out loans, or lend money to others. Make sure you have proper security or insurance for your valuable items, and avoid making quick, impulsive financial decisions.

## 6. Activities, Travel & Lifestyle Guidance

Advice on physical activities, travel, daily routine, and lifestyle management.)	
<b>Activities Requiring Extra Care:</b>	Driving, hiking, playing sports, and intense physical activities.
<b>Recommended Lifestyle Practices:</b>	Practices like Meditation, Yoga, or exercise will be very good for both your mind and body.

## 7. Astrological Remedies & Merit Practices

List recommended remedies, offerings, and virtuous actions
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<b>Recommended Remedies:</b>	<ul style="list-style-type: none"> <li>• Light candles in holy places.</li> </ul>
<b>Charitable / Merit Activities:</b>	<ul style="list-style-type: none"> <li>• Give tea or soup to a group of spiritual people.</li> <li>• Save animals that are in danger or treat injured ones.</li> <li>• Release captured birds or fish in a safe place.</li> <li>• Provide food or necessities to children from poor families.</li> <li>• Donate toward the repair of damaged public roads and bridges.</li> </ul>
<b>Protective Items / Amulets (if advised):</b>	<ul style="list-style-type: none"> <li>• Life-Force Amulet: Advised for whole life.</li> </ul> <p>Obstacle Amulet (year-specific): Advised for the year 2026 only.</p> <ul style="list-style-type: none"> <li>•</li> </ul>

## 8. Lucky & Unlucky Days (Weekly)

<b>Soul Day:</b>	<u>Tuesday</u>
<b>Life-Force Day:</b>	<u>Friday</u>
<b>Foe Day:</b>	<u>Wednesday</u>
<b>Neutral Days:</b>	<u>The remaining days of the week</u>

<b>Special Instructions for Unfavourable Days:</b>	Avoid starting any important projects and activities on Wednesday. If unavoidable, put more effort and take extra precaution.
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